

It's Your Image

Tip of the Week

Today's Features:



THAT TRAVEL TIME OF YEAR



I'LL SHARE A SECRET



THAT TRAVEL TIME OF YEAR

Check out the belly of this plane. I read recently that the average female traveler packs 5 pairs of shoes! Guess that explains that.

Smart tip: Hair color and skin color are the most versatile shoe colors. This concept is about shoes that go with YOU not your outfits. The two colors that are a part of every outfit you wear are your hair and your skin colors. If your outfits go with YOU, and the shoes go with you, the shoes should also go with the outfits. YOU are the common denominator.

Packing early is insurance that you will get to your destination with what you actually need. The ideal situation is to designate a separate rack and area to lay out all of your prospective suitcase contents days in advance. It is astonishing how you will mentally go over the items thinking of things you left out. And it is so much better to think of these things while you are driving home from the supermarket, than driving *en route* to the airport. The idea here is not to add more and more items, but to delete unneeded items as well.

More Travel Tips

When selecting a travel wardrobe start with shoes and jacket combinations, then fill in with multiples that work with both. Think about what you actually wear on trips, what really has worked in the past and you will realize what a fabulous tip this is.

If you need a formal look but don't want to sacrifice space for that extra pair of shoes, choose a simple pair of pumps that work for day and add rhinestone clip-ons for evening.

'Tactel' is a fabric content I have been hearing about for travel ease.

'Space Bags' available at Bed Bath and Beyond compress things reducing bulk and protect against spills too.

Remember to squeeze all plastic containers before tightening lids like shampoo and mouthwash etc. to pressurize and prevent in flight spilling.

Though I haven't tried this one, I have heard about putting chain necklaces through wide drinking straws, clasp closed and then placing the straw in a toothbrush case.

Remember, every destination requires a certain number of items, but the universal wisdom is that simplicity makes for an ideal travel experience. Your passport to having just what you need on your trip is a good plan.



I'LL SHARE A SECRET

Like it or not it is swimsuit weather and that means getting rid of unwanted hair. That's right *ALL* of it. I'd like to share a secret for getting the bikini area *BEAUTIFULLY* clean.

Zeila Golshan at *Sweet Sensation* does an incredible job of *BODY SUGARING*. Body sugaring removes all unwanted facial and body hair gently. Body sugar will also remove dead skin from your body leaving your skin soft, smooth and rejuvenated.

- Zeila uses only pure and natural ingredients. It's good enough to eat!
- Sugaring is less painful than other methods of hair removal because it won't pull off *new skin!*
- It won't cause scrapes, burning, swelling or bruising.
- The sugar is water soluble, so Zeila can wash any sticky residue.
- Hair growth will slow down and will be sparser and finer when it does grow back.
- Sugaring works great on facial hair, underarms, bikini, legs and *anywhere* else you have unwanted hair.
- Ask Zeila about the Brazilian Bikini. It's my personal favorite!

Give Zeila a call at 713-807-7770

Travel Safely!